

The Statewide Vaccination Push, p.8

FREE

Preventing Next Heart Attack, p. 5

Friday
July 9, 2021
Vol. 7, No. 44
ValleyWeeklyllc.com



SALUTE!
Rosetta James Foundation
ELDER OF THE WEEK



Rev. Leroy Cole

"For where does one run to when he's already in the promised land?" - Claude Brown



TVJS Reschedules Jazz-N-June

There's no stopping good music and family fun!

Tennessee Valley Jazz Society (TVJS) will host an array of local artists and talented musicians at the annual Jazz-N-June Concert next week on July 17.

Now approaching 35 years, the Concert has lured literally thousands of jazz fans to the Monte Sano State Park Amphitheater at 5105 Nolen Avenue.

The Concert has been dubbed as "one of the most diverse" music festivals in Alabama.

The Jazz Society sponsors, encourages and promotes the arts through youth development, health awareness and educational activities in the Tennessee Valley.

The event requires a state park admission fee of \$10, and gates open at noon.

Concert Series at Halfway Point

Those who haven't taken a moment to enjoy the popular Concerts in the Park series at Big Spring Park at 6:30 p.m. still have a few Mondays to attend one. Check out the remaining schedule: **July**

12 - Chelsea, Who? Remy Neal; **July 19**- Seeking Babylon/Groove; **July 26** - Kristoffer Leshawn/Rocket City Latin Band; **August 2** -Jimmy Henderson Trio/45 Surprise; and **August 9** (Weather Make-Up Date)

AAMU Receives \$4.2 Million Award from USDOT for Transit System

The U.S. Department of Transportation's (USDOT) Federal Transit Administration (FTA) has announced approximately \$182 million in funding for low and no emissions buses and the facilities that support them.

The project selections were approved as part of the Low- or No-Emission (Low-No) grant program, which funds the deployment of zero-emission and low-emission transit buses and supporting equipment and facilities. A total of 49 projects in 46 states and territories will receive funding through the pro-

gram.

Alabama A&M University will receive \$4.2 million to purchase a battery electric bus, construct a bus service bay and install a battery electric storage system to power its bus facility complex, including charging stations. The project will ensure continued service reliability, maintain a state of good repair and, by improving air quality, advance environmental justice in the Huntsville community, according to



Marshall Chimwedzi, director of AAMU Bulldog Transit System (BTS).

Chimwedzi has been credited for revolutionizing (BTS), expertly leading and guiding its transition toward a zero

emissions, renewable energy future. BTS replaced nine (9) fossil fuel powered buses with 100 percent battery electric heavy duty transit buses.

Chimwedzi, who AAMU President Andrew Hugine, Jr., has dubbed as "a prolific grantsman," is also oversee-

ing the construction of electric charging station infrastructure, four (4) 125kw and one 250kw fast charge. Additionally, BTS is designing and constructing a one megawatt solar array system and electric storage system, along with a new electric vehicle bus service bay and bus wash.

The estimated cost of these projects is \$15.5 million and to date Chimwedzi has secured \$13.4 million via competitive grants during a five-year period.

For more information, contact Marshall Chimwedzi at marshall.chimwedzi@aamu.edu.

Going Fishing!

Think you have what it takes to catch "The Big One?"

The Hays Nature Preserve will be the site for the 1st Annual Fishing for Fun Day on Thursday, July 15, from 8 a.m. to 12 noon.

Drop by any time during the four-hour period to see if you can catch the BIG one! Bring your own pole, if you have one, although a limited amount

of poles--even bait--will be provided. All children must have an adult to assist them.

In addition to open fishing, fishermen from the Alabama Wildlife and Freshwater Fisheries Division will lead classes on Seining (10 a.m.) and Casting for Beginners (11 a.m.).

The free event will be held at 7153 Hwy. 431 South, Huntsville, Ala.

The Valley Weekly

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Washington in One Minute



Here are the happenings in Washington, D.C., this week:

1. ON THE FLOOR. The House and Senate are in recess this week. The Senate will reconvene on Monday, July 12, but the House has no scheduled floor votes until July 19 (although House committees will meet and vote next week). The Associated Press is reporting that the temporary security fence surrounding the U.S. Capitol Building, erected after the January 6 attack, may be removed as early as this Friday. Last Sunday, the portion of Pennsylvania Avenue and the White House sidewalk between 15th and 17th Streets, N.W. reopened to foot and bicycle traffic after it was closed to the public amid protests last summer following the killing of George Floyd in

Minneapolis.

2. THE WHITE HOUSE. On Wednesday, President Biden visited McHenry County Community College in Crystal Lake, IL (northwest of Chicago), where he promoted his American Families Plan. Last week, the White House announced that it would be deploying response teams made up of officials from the U.S. Centers for Disease Control and Prevention, the U.S. Department of Health and Human Services, and the Federal Emergency Management Agency across the nation to areas with a high spread of the Delta COVID variant. The teams will conduct surge testing, provide therapeutics like monoclonal antibodies and deploy federal personnel to areas that need support staff for vaccinations. According to the CDC, as of Friday, July 2, 67% of U.S. adults

have had at least one vaccine shot (which falls short of the 70% goal sought by President Biden).

3. SUPREME COURT.

The Supreme Court adjourned its 2020-21 term last week and will reconvene in October. The court handed down key decisions last week that upheld two Arizona voting restrictions that Democrats and civil rights groups challenged as disproportionately burdening minority voters (Brnovich v. Democratic National Committee) and struck down California's requirement that charities and nonprofits operating in the state provide the state attorney general's office with the names and addresses of their largest donors (Americans for Prosperity Foundation v. Bonta).

4. FISCAL YEAR 2022 APPROPRIATIONS + EARMARKS. Next Monday (July 12), the House Appropriations Committee will continue marking up the Fiscal Year 2022 appropriations bills, with the Energy and Water Development Appropriations bill and the Transportation/ HUD Appropriations bill scheduled to be taken up by their subcommittees. Both

of these bills contain congressionally-added project designations, formerly known as earmarks, for the first time in 10 years.

5. NCAA NAME, IMAGE and LIKENESS (NIL) Policy. NCAA President Mark Emmert offered some insight on the future for college athletics following sweeping changes to how players can profit from paid endorsements and lucrative social media campaigns. Mr. Emmert said that the NCAA will develop its own rules on

player publicity rights using the ones currently in place as the skeletal framework. The NCAA's objective is to advance legislation in the Senate that will be sent over to the House for consideration this year.

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THE VALLEY WEEKLY

CHAMPION GAME PLAN

PRESTON BROWN

“STIR UP THE GIFT“

In Mark's gospel chapter 10:50-52, it says, "Throwing his cloak aside. He jumped to his feet and came to Jesus. 'What do you want me to do for you?' Jesus asked him. The blind man said, 'Rabbi, I want to see.' 'Go,' said Jesus, 'your faith has healed you.' Immediately he received his sight and followed Jesus along the road."

Do you have a vision for your life and can you explain your vision? Whatever your answer is, just remember that when we begin to "partner" with God, our vision will become clear. There is something that God wants

to "stir up" in all of us and make the vision that we have come alive.

As we look at this scripture, blind Bartimaeus realized that he was about to get the opportunity of a lifetime, because Jesus was coming by. So, he wasn't about to just sit there quietly. He decided to shout his request out loud. "Son of David, have mercy on me" (Mark 10:48). Because of this, Jesus stopped for this one man and healed him. Jesus stopped because everyone else was trying to push him aside. You see, it was his faith that Jesus was interested in. He wasn't interested in his perfection, he was interested in his participa-



tion. Participation is the thing that attracts the presence of God into our lives. It is our participation that helps us with the vision that we have for our lives.

Having a clear vision for your life begins with the question, "What do you want God to do for you?" When we look at our scripture, we see that Bartimaeus just wanted to see. So I believe that your vision for your life starts

with seeing all the possibilities that God can do for you and through you. Up to this point in our lives, we have seen what we can do in our own strength, but now is the time to see what God can do for us. Ephesians 3:20 says, *Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us.* So let us "stir up the gift" that God has for our lives and remember:

when we let go and "let God" do what he can do for us, amazing things will begin to happen ... Stay encouraged, my brothers and sisters.

Make sure you purchase a copy of my book, "A Champion Game Plan For Life" at amazon.com <<http://amazon.com/>>

THE VALLEY WEEKLY

VALLEY DEATHS

NELMS MEMORIAL FUNERAL HOME

2501 Carmichael Avenue NW
Huntsville, AL 35816 - (256) 539-8189

Funeral service for MR. JOHN L. RICE (b. 1948) was held Saturday, July 3, at The Swan House (3921 Winchester Road - New Market, Ala.) with the Reverend Cornelious Adams officiating.

Funeral service for MR. LARRY THOMPSON (b. 1951) was held Saturday, July 3, at Hopewell Baptist Church with the Reverend Dr. Larry Davidson, Jr., officiating.

Funeral service for MR. GARY M. BOYD (b. 1968) was held Friday, July 2, at Syler Tabernacle with Reverend Richard Whetstone officiating.

Funeral service for MR. JAMARIOUS L. STEWART (b. 1989) was held Wednesday, June 30, at Saint Bartley Primitive Baptist Church with the Reverend Dr. O. Wendell Davis, Eulogist.

Funeral service for MR. GARY TYRONE WHITLEY, SR. (b. 1962) was held Saturday, June 26, at New McFall Brothers Funeral Home (Westside Chapel) - 9419 Dexter Avenue - Detroit, Mich. Mr. Whitley is the father of Mr. Gary Tyrone Whitley, Jr. of the Nelms Memorial Funeral Home staff.

ROYAL FUNERAL HOME

4315 Oakwood Avenue
Huntsville, AL 35810 - (256) 534-8481

Funeral service for MRS. CYNTHIA MARIE TONEY was held Saturday, July 3, at Calvary Church (9786 Highway AL 36, Laceys Spring, Ala.) with Pastor Corey Morrow officiating.

Graveside service for MRS. LILLIE MAE CASH was held Saturday, July 3, at Meadowlawn Garden of Peace (450 Mount Lebanon Road Toney, Ala.) with Dr. O. Wendell Davis officiating.

Funeral service for MRS. EDMONIA CLAY LANKFORD (b. 1943) will be 11:00 a.m., Friday, July 2, 2021 at Fletcher's Chapel Primitive Baptist Church, 30592 Hardiman Road Madison, AL 35756 with Dr. John Clay officiating.

SERENITY FUNERAL HOME

2505 University Drive NW
Huntsville, AL 35816 - (256) 539-9693

Funeral service for MR. JOHNNY FLOYD BATES, JR. (b. 1946) was not available at press time.

NAAACC Meetings

The North Alabama African American Chamber of Commerce (Huntsville) meets monthly on the 3rd Tuesday at 12 noon.

The meeting location varies. Call (256) 564-7574.

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National Park Service Adds Edmonton Heights to National Register

The National Park Service recently (June 21) officially designated Edmonton Heights as a historic district listed to the National Register of Historic Places (NRHP). Edmonton Heights is the ninth historic district in the City of Huntsville to be listed to the NRHP.

“We are pleased to officially add Edmonton Heights to the list of Huntsville’s historic neighborhoods,” said Mayor Tommy Battle. “It is rewarding to see the National Park Service also recognize the significance of this important area in our community.”

Located northeast of downtown Huntsville and platted in 1958, Edmonton Heights is a residential

neighborhood that was a planned suburb for African Americans and provided housing options for those who lost their homes as a result of Huntsville’s Urban Renewal program, the Heart of Huntsville. The development of this neighborhood illustrates the effects of post-war growth, Urban Renewal and racial discrimination in federal and local housing policy on the African American community.

“The research gathered through the survey and National Register listing of Edmonton Heights has been a catalyst for identifying and documenting historic places that are significant to Huntsville’s



African American community,” said City Preservation Planner Katie Stamps. “We will build on this foundation through the upcoming survey of Magnolia Terrace and other historic sites.”

In 2018, the City of Huntsville and Huntsville Historic Preservation Commission (HHPC) received Certified Local Government grant funding from the Alabama Historical Commission (AHC) to

conduct a historic resource survey of Edmonton Heights, which had been identified by the AHC and City for potential historical significance. With support funding from the Edmonton Heights Neighborhood Association, Normal Historic

Preservation District Association and Historic Huntsville Foundation, Dr. Caroline Swope, principal at Kingtree Studios, was hired to conduct the survey, finding the neighborhood to be eligible for listing on the NRHP. The following year, Dr. Swope was hired to complete the National Register nomination, which was approved

by the Alabama National Register Review Board in April 2021. From there, the nomination was sent to the NPS for final approval.

“We are looking beyond downtown to recognize places of historical significance,” said HHPC Chairman Frank Nola. “Edmonton Heights is filled with rich history, unique architecture and has made lasting impacts on our community.”

Edmonton Heights is notable for its architecture, predominately intact post World War II era housing, and as a representative example of a housing development by Folmar and Flinn, one of the largest speculative building companies in the South at the

time. Edmonton Heights is the most well-preserved of the African American neighborhoods established by Folmar and Flinn in Alabama.

“The Edmonton Heights neighborhood retains significant integrity in original design, setting, materials and workmanship,” said Dr. Swope. “These components come together to create a strong sense of place which is still tangible within the neighborhood and contributes to a high degree of integrity of feeling.”

The City of Huntsville and HHPC look forward to celebrating with the residents of Edmonton Heights for becoming Huntsville’s latest historic district.

PowerShot

“Art... reacts to or reflects the culture it springs from.”

Sonia Sanchez



“I have a good poker face because I am half-dead inside.”

- Colson Whitehead

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Your Second-Half 2021 Roadmap: More Walk than Talk!

“Let your light so shine before men that they may see your good works and glorify your father in Heaven.” - Matthew 5:16

In order to glorify God, people need to see you “walk the walk” rather than hear you just talk the talk, Jesus taught.

Allowing our various actions to supersede our words is a good and do-able roadmap for this second half of 2021. That is, if history is any barometer.



Words Matter, but Actions Matter Even More
Words are powerful but actions are even more powerful. Even the action

of writing beats out mere talk of getting things done.

Chicken Soup for the Writer’s Soul co-author Bud Gardner offered, “When you speak, your words echo only across the room or down the hall; but when you write, your words echo down the ages.”

Muhammad Ali’s self-proclaimed “I am the greatest” was more than proven by his actions in the boxing ring. Similarly, in political rallies, campaigner Barack Obama issued an action-over-words mandate by challenging crowds, “Don’t boo, . . . vote.”

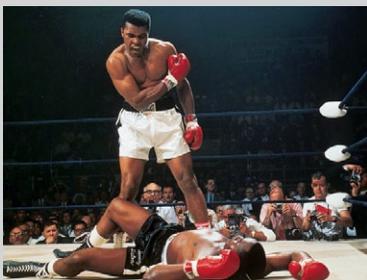
Centuries earlier, St. Francis of Assisi declared, “Proclaim the gospel at all times; use words if necessary.”

My mother signed her 1949 Oakwood College senior yearbook: “What you do speak so loudly I cannot hear what you say.”

From her example, I’ve tried personally and professionally to mimic her: actions first, then words. How about you?

What will characterize your second half of 2021: well-intentioned words or meaningful decisive actions?

With God’s help, I choose the latter. Come join me, ...



tim allston is the two-time Amazon best-selling author of *U.S. Politics The Rise of Silver-Mettle Leaders* (now on Amazon), and the author-narrator of *The U.S. Coronavirus Crisis and the Rise of the “Silver-Mettle” Leaders* audiobook, with a free sample chapter, when you click on <https://bit.ly/3xiZHP9>.

How to Prevent Your Next Heart Attack

- *BlackDoctor.org*

More than half of the foods that Americans eat are considered “ultra-processed” and it’s making us sicker than we think.

Processed foods have been attributed to weight gain, high blood pressure, and diabetes. Yet, studies show that consumption of “ultra-processed” foods is connected to a heightened risk of cardiovascular disease and death. But what is an “ultra-processed food?”

The answer might shock you. According to a study done by Filippa Juul at New York University School of Public Health, an “ultra-processed food” is defined as, “industrial formulations made with no or minimal whole foods and produced with additives such as flavorings or preservatives”. This definition includes the usual suspects like chips, desserts, cheese, soda, etc. However, foods generally targeted as “healthy” can also be heavily processed. Products such as protein bars, breakfast cereals, and most types of commonly-bought breads can include additives that are not natural.

“Ultra-processed” foods provide little to no nutritional value and replace the actual nutrition in foods that fuel our bodies and help maintain our health. Instead, these foods filled with excessive amounts of sugar, trans fat, flavorings, and preservatives raise cholesterol levels, blood pressure, and our risk of cardiovascular disease. Juul’s study found that those who had the highest

intakes of processed foods over an extended period of time were more likely to experience a cardiovascular event, like a heart attack.

However, this is highly preventable. Taking simple measures like avoiding or limiting processed foods is a step towards prevention that is sustainable and doable. Below are steps that you can take to lower consumption of processed foods and become more conscious of what you are consuming.

Get acquainted with reading labels

Ultra-processed foods sneak into our diet mainly through additives, like flavorings and preservatives. A simple rule to avoid these is to not buy a product if you cannot pronounce at least a majority of the ingredients in it. This will help you opt for whole foods, nutritionally-dense foods.

Cook at Home More Often

While COVID lockdowns have made more people cook at home, this has been a perfect time to try new recipes. Cooking at home allows you to know exactly what is going into your food without the guesswork of eating out. While restaurants may put more butter, salt, or sugar into your foods than you are aware of, this can be easily monitored at home. This can easily be made into a family activity by involving kids in the meal prep and teaching them how to read labels and recipes! Not only does this involve the

whole family, but it teaches kids from a young age how to cook and grocery shop responsibly. Finally, save yourself time throughout the week by prepping components or entire meals during the weekend or one day during the week. Foods like veggies, proteins, and fruits can be chopped, marinated, and prepared earlier in the week so meals are much easier to assemble later in the week.

Change How You Shop for Groceries

Now that you are cooking at home more, this may be a good time to re-evaluate how you are grocery shopping. Are you bringing a list with you or just doing guesswork? Do you know what meals you are making this week? Are you spending more time in the canned aisle or do you stay on the perimeter of the store? Coming to the store with a prepared list of meals you are making through the week and the ingredients you need for these meals can save you both time and money.

It also deters you from picking the “easiest” and “quickest” options like frozen or packaged meals. Additionally, The easiest hack for ensuring more fresh, nutritious foods are in your cart is to shop on the perimeter of the grocery store where most of the fresh produce and protein is. Although this might not cover your whole list, shopping on the perimeter will create a great healthy base for your diet.

Pick Heart-Healthy Foods

Now it’s time to talk about

what exactly is on your list. Keep processed foods to a minimum. Moreover, pick foods that are healthier for your heart and can help reduce the risk of having another heart attack. Below is a list of foods and corresponding meal ideas to keep in your fridge and pantry to promote heart health. Below are the foods that prevent heart disease:

Leafy, green vegetables (kale, spinach, collard greens)

Whole grains (brown rice, quinoa, oats, barley)

Berries (raspberries, blueberries, strawberries, etc.)

Fatty fish and fish oil (salmon, tuna, sardines)

Beans (Use black, pinto, or white beans and mix with some ground turkey)

Dark chocolate, with a cocoa content of at least 70%

Seeds (sunflower, chia, flaxseed)

While “ultra-processed” foods are a common staple in American diets, they are easily avoidable by being conscious of what you are putting in your body and being intentional about what is in your kitchen. Avoiding these foods can help you explore new recipes, maintain a healthy lifestyle, and also reduce your risk for another heart attack. Include the foods that prevent heart disease and try these tips the next time you go to the grocery store to keep your heart healthy!

THE VALLEY WEEKLY

CALLED 2 PREACH

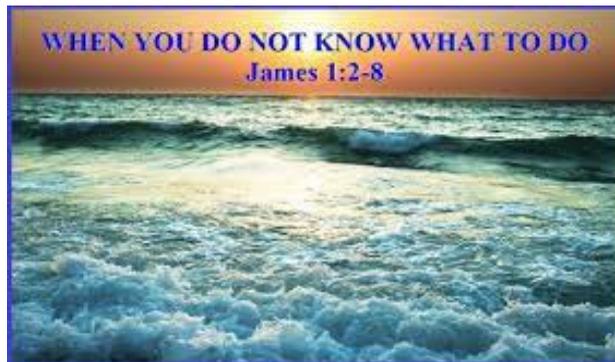
REV. MICHAEL RICE

Let God Finish

James 1:2-5

one of the lines says, *It took Him just a week to make the moon and the stars, the sun, the earth*

In the song entitled, *He's Still Working On Me,*



and Jupiter and Mars; how loving and patient He must

be, because He's still working on me.

The child of God must be aware and beware of messages about *deliverance* that are not balanced out by those of *development* as well.

When one is in the crucible of whatever God



is using to develop, the enemy will make deliverance messages extremely attractive.

The truth of the matter is that deliverance is a much shorter time span

than deliverance *possession*.

The first thing the child of God must do during development is to *count*. This has to do with how we *think* about the diverse trials that God uses for the purpose of developing us. The second thing that James says is to *cooperate*. Don't wiggle around trying to get out of God's grip, *let Him finish*. The third thing is to *conform* to the pace of the process. The goal of God is maturity, lacking nothing. The last thing is to *confer* with God. *If any of you lack wisdom, let him ask of God.*

Let God finish.

THE VALLEY WEEKLY

VALLEY EVENTS

HAPPENINGS, ACTIVITIES & MORE!

July 8

Boys & Girls Club Leaders & Legends Dinner with Deion Sanders
Von Braun Center North Hall
5 p.m.

Von Braun Center
7 p.m.

Reba McEntire
Propst Arena
Von Braun Center
8 p.m.

Decatur, Ala.
10 a.m.-2 p.m.

July 19-22
Varsity Spirit Camp
South Hall
Von Braun Center

South Huntsville Main Progressive Dinner
Good Company Cafe (Appetizer), Nick's Ristorante (Main Course), and Bubby's Diner (Dessert)
Reservations Only
info@southhuntsville.main.org
6-8:30 p.m.

July 9-11
Tennessee Valley Hunting & Fishing Expo
South Hall
Von Braun Center

July 10
Butterfly Release
Huntsville Botanical Garden
9 a.m.-5 p.m.

July 30-August 1
D.L. Hughley
Stand Up Live
Huntsville, Ala.

August 8
Move-In Days Begin
Alabama A&M University

August 14
Shoals Southern Soul Festival
McFarland Park
200 James M. Spain Drive
Florence, Ala.
shoalssouthernsoulfestivals.com
(256) 457-9663

July 9

Pollination | Seeds to Sprouts
Huntsville Botanical Garden, 4747 Bob Wallace Avenue SW
Huntsville, Ala.
10 a.m.

July 13
Huntsville Rotary Luncheon
East Hall 3
Von Braun Center
11:45 a.m.-1 p.m.

July 16
Phantastic Phenomena Multi-Day Camp
Cook Museum of Natural Science

Tosha Hill EP Release Show
Mars Music Hall

September 30
Kenny G
Concert Hall
Von Braun Center

JULY 9 - RICHARD ROUNDTREE is an American actor and former model noted as being "the first black action hero" for his portrayal of private detective John Shaft in the 1971 film *Shaft*, and its four sequels, released between 1972 and 2019.

- BlackCelebrityBirthdays.com





Rosetta James Foundation "Spotlight on Our Elders" ... Featuring

Rev. Leroy Cole

Service and Leadership have been cornerstones of Leroy R. Cole's life since 1960, when he was elected president of his senior class at Capitol High School in Baton Rouge, La. Pastor Cole has always been ready to blaze new trails and meet new challenges.

After earning a degree in electrical engineering from Southern University, he saw new opportunities and challenges everywhere he looked. Still, he forged ahead. He served his country in the U.S. Army and was honorably discharged as Captain in 1968.

He joined Federal Electric Corporation and worked as a reliability engineer on the Apollo Space program in 1968. He then joined GTE as a manufacturing engineer in 1973 and left as a manager of manufacturing engineering in 1983. He started a manufacturing engineering department at Intergraph in

1985 and also served as its manager.

After retiring from Intergraph in 1997, he was tapped as the Chief Operating Officer of Triana Industries. He led Triana Industries out of bankruptcy to become a \$25 million manufacturing company in nine years. New positions and new employers were numerous, including being the first manufacturing company in the area to recruit and hire Hispanic employees.

But nothing stirred his servant-leader qualities like serving as pastor of Hopewell Missionary Baptist Church for almost 35 years, beginning in 1978. As a servant-leader, he was a teacher, warrior, workman, vessel and team-builder. Hopewell is a leader in community missions, organizing tutoring and mentoring programs, distributing food



to the hungry and maintaining the community's only Red Cross-certified shelter in the New Market area. Rev. Cole chose to retire from Triana Industries in 2006 to

serve as Hopewell's full-time pastor.

Rev. Cole served on the Red Cross Advisory Board, representing the business community, and he served on the board of the Interfaith Mission Service (IMS) as a representative from the religious community. He was a co-founder (and later chairman) of the Greater Huntsville Interdenominational Ministerial Fellowship (GHIMF) in the early 1980s. Cole and his late wife Linda Graham have four sons: Minister Lamar Cole, Lance Cole, Pastor Ladell Cole and Damien Godwin.

"Spotlight on Our Elders" is a weekly feature sponsored by the Rosetta James Foundation to promote **volunteerism** and **activism** in our community among those who are 70-plus. The Foundation also provides scholarships. Learn more about us at www.rossettajamesfoundation.org. Know an outstanding elder (70+) that you would like to see featured? Send us a photo and 250-word write-up to info@valleyweeklyllc.com.



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Cooperative Extension to Boost Vaccinations in Statewide Effort

The Alabama Cooperative Extension System, representing Alabama A&M and Auburn universities, received grant funding to provide much needed education about COVID-19 vaccines to Alabama residents. The grant money will also go toward hosting vaccination clinics to increase the number of vaccinations given in the state.

About EXCITE

Earlier this year, the Extension Foundation, along with the Association of Public and Land-grant Colleges and Universities' Extension Committee on Organization and Policy, were invited to engage in an immunization education initiative after the signing of an Interagency Agreement between the USDA National Institute of Food and Agriculture and the Centers for Disease Control and Prevention (CDC).

This initiative is called the Extension Collaborative on Immunization Teaching & Engagement (EXCITE). It supports efforts of the national Cooperative Extension System to address and reduce vaccine hesitancy,

especially in underserved communities.

The EXCITE program is designed to support all land-grant universities in delivery of the CDC Vaccine with Confidence communication campaign in Activity 1. The program also involves the development of an adult immunization education pilot in Activity 2.

Grant Awards

Both Alabama A&M and Auburn universities each received a minimum award of \$24,000 for Activity 1. A joint proposal for Activity 2, submitted by Alabama A&M University, Auburn University and the Auburn University Harrison School of Pharmacy, was awarded \$200,000. Collectively, Extension staff from both institutions will work with local partners, including healthcare providers and faith-based organizations, to make the vaccines for COVID-19 and other viruses more accessible to hard-to-reach communities across Alabama.

Alabama Extension Health and Nutrition Specialist Tamara Warren (above, right) will provide project leadership at Alabama A&M University. Matt Ulmer, state specialist for community resource development, (below, left) will provide project leadership at Auburn University.

"Alabama Extension at Alabama A&M University greatly appreciates the USDA, the Extension Foundation and the CDC for providing another opportu-



nity to work with partners statewide and to increase Alabama's vaccination rate," Warren said. "Alabama Extension promotes health and wellness. Getting fully vaccinated will help our state to get back on the path to wellness and to enjoy the rewards of safely gathering at work and with family, friends and new acquaintances."

"Alabama Extension is grateful to the Extension Foundation, USDA, CDC, the Auburn University School of Pharmacy and to our state and local partners to committing to this most important work," Ulmer said. "Providing COVID-19 vaccine education and increasing vaccine acceptance will help Alabama make great strides toward our collective goal of returning to our normal way of life."

More Information

Contact Warren at (256) 372-4981 or Ulmer at (334) 740-2644 for more information about the EXCITE initiative.

Visit the Alabama Extension website at www.aces.edu for additional health information.



Military Alums to Host First Golf Tournament in September

The alumni of Alabama A&M University's ROTC Program will host a major event in September and are seeking community-wide support.

The Bulldog Brigade of Military Alumni Association (BBMAA) at AAMU will host its first BBMAA Golf Tournament on Friday, September 3, at The Links at Redstone Golf Course, located at 4140 Goss Road

SW, Huntsville, Ala.

BBMAA is a non-profit organization dedicated to making a difference in the lives of ROTC cadets and promoting their professional growth and development. The organization also serves the University of Alabama at Huntsville and Athens State University, in addition to all students enrolled in the ROTC program at AAMU.

In addition to welcoming

foursomes from the community, military alumni and corporate leaders, organizers have created several (6) sponsorship opportunities and attractive donor packages. Planners stress the importance of sending in commitments prior to Monday, August 16.

Contact COL Sims H. Smith (Ret), chair, at shsmith31@bellsouth.net or call (205) 381-6343.



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CITY OF HUNTSVILLE NOTICE OF SUBMISSION OF 2021 ACTION PLAN

The City of Huntsville, Alabama is required to prepare a Consolidated Plan every five years, which is a detailed analysis of the City's housing and non-housing needs, available resources, and the plan used to utilize those resources. The plan includes a five-year Strategic Plan, a one year Action Plan, and the Consolidated Plan's implementation tools for addressing some of the identified needs. Community Development Block Grant (CDBG) funds and HOME Investment Partnership Program funds are received from the U. S. Department of Housing and Urban Development. The following program activities are proposed for CDBG and HOME funds in the One Year Action Plan for FY21 (7-1-21 to 6-30-22).

CITY OF HUNTSVILLE 2021 PROPOSED ACTION PLAN PROJECTS

All proposed activities' budgets will be proportionally increased or decreased from the estimated funding levels to match actual allocation amounts

PROJECT/PROGRAM	FUNDING SOURCE	AMOUNT	SUBRECIPIENT/PARTNER
NEIGHBORHOOD STABILIZATION PROJECT			
New Construction Program	HOME	788,000.00	Habitat for Humanity, Inc. Family Services Center, Inc.
Community Housing Development Organization	HOME	237,335.00	Family Services Center, Inc.
Multi-Family Program	HOME	477,660.00	Arbor/TBD
Deferred Maintenance Home Repair Program	CDBG	10,000.00	CASA, Inc.
		450,883.00	Community Development
Code Enforcement Program	CDBG	275,000.00	Community Development
Public Facilities	CDBG	100,000.00	Meadow Hills/ Lincoln Village
Clearance	CDBG	250,000.00	Butler Terrace
Special Economic Development Program	CDBG	115,751.00	HATCH
FAIR HOUSING/PUBLIC ENGAGEMENT & CITIZEN PARTICIPATION PROJECT	CDBG	2,500.00	Community Development
PUBLIC SERVICES PROJECT	CDBG	15,500.00	Alabama Non-Violent Offenders Org., Inc.
		165,505.00	Boys & Club of North Alabama, Inc.
		15,500.00	Harris Home for Children, Inc.
		15,500.00	Village of Promise, Inc.
PROGRAM ADMINISTRATION	HOME	120,896.00	Community Development
	CDBG	283,173.00	
TOTAL		\$3,323,203.00	

You may view a draft version of the Plan at the following locations: Huntsville Public Library main branch-915 Monroe St., Richard Showers Center-4600 Blue Springs Rd., Alabama Institute for Deaf & Blind (AIDB)-600 St. Clair Ave. Bldg. 2, North Alabama Coalition for the Homeless (NACH)-1580 Sparkman Dr., Suite 111, and the Community Development office-120 E. Holmes Ave. A 30-day comment period, which will end on August 10, 2021, is required. Comments or suggestions concerning the 2021 Action Plan should be made in writing and mailed to: City of Huntsville, Attention: Scott Erwin - Manager, Community Development Department, P.O. Box 308, Huntsville, Alabama 35801. Please call (256) 427-5400/ TTY: 256-427-7092 for more information.



CIUDAD DE HUNTSVILLE NOTA DE PRESENTACIÓN DEL PLAN DE ACCIÓN DEL 2021

La ciudad de Huntsville, Alabama requiere preparar un Plan Consolidado cada cinco años, el cual es un análisis detallado de las necesidades de residencia o vivienda y no residenciales de la ciudad, recursos disponibles y el plan de utilización de esos recursos. El plan incluye un plan de estrategia de cinco años, un año de un Plan de Acción y las herramientas de implementación del Plan Consolidado para abordar algunas de las necesidades identificadas. Los fondos del Programa de Subsidios Globales para el Desarrollo Comunitario (CDBG, por su sigla en inglés) y los fondos del Programa de Asociación para Inversiones en Vivienda (HOME, por sus siglas en inglés) se reciben del Departamento de Viviendas y Desarrollo Urbano de los Estados Unidos. Se proponen las siguientes actividades para los fondos de los programas CDBG y HOME en el Plan de Acción de Un Año para año fiscal 2021 (Julio-1-21 a Junio-30-22).

CITY OF HUNTSVILLE 2021 PROPOSED ACTION PLAN PROJECTS AND PROGRAMS

Tous les proposés les budgets des activités seront proportionnellement augmentés ou diminués par rapport aux niveaux de financement estimés à correspondre réel s'éleve

PROJECT/PROGRAM	FUNDING SOURCE	AMOUNT	SUBRECIPIENT/PARTNER
ESTABILIZACIÓN DE BARRIO PROYECTO			
Nuevo programa de construcción	PÁGINA DE INICIO	788,000.00	Hábitat para la humanidad, Inc. Familie Services Center, Inc.
Organización de desarrollo de vivienda comunitaria	PÁGINA DE INICIO	237,335.00	Familie Services Center, Inc.
Programa Multifamiliar	PÁGINA DE INICIO	477,660.00	Arbor/TBD
Aplazado el programa de reparación de mantenimiento hogar	CDBG	10,000.00	CASA, Inc.
		450,883.00	Communauté Développement
Programa de ejecución de código	CDBG	275,000.00	Communauté Développement
Instalaciones Públicas	CDBG	100,000.00	Meadow Hills/ Lincoln Village
Autorización	CDBG	250,000.00	Butler Terrace
Programme spécial de développement économique	CDBG	115,751.00	HATCH
FERIA DE VIVIENDAS/ PARTICIPACIÓN pública y el proyecto de participación ciudadana	CDBG	2,500.00	Communauté Développement
PROYECTO DE SERVICIOS PÚBLICOS	CDBG	15,500.00	Organization (AANVO) de infractores no violentos de Alabama, Inc.
		165,505.00	Club de muchachos y, Inc.
		15,500.00	Casa de Harris para niños, Inc.
		15,500.00	Pueblo de promesa, Inc.
ADMINISTRACIÓN DEL PROGRAMA	HOME	120,896.00	Communauté Développement
	CDBG	283,173.00	
TOTAL		\$3,323,203.00	

Usted puede revisar una versión preliminar del Plan en las siguientes ubicaciones: Biblioteca Pública de Huntsville - 915 Monroe Street., Centro de Richard Shower - 4600 Blue Springs Road, Instituto para Sordos y Ciegos de Alabama (AIDB, por sus siglas en Inglés) - 600 St. Clair Ave. Bldg. 2, Coalición de Alabama del norte para personas sin hogar (NACH, por sus siglas en Inglés)- 1580 Sparkman Dr., Suite 111, y la Oficina del Desarrollo de la Comunidad - 120 E. Holmes Ave. Un periodo de comentario de 30 días, el cual terminará el 10 de agosto de 2021, es requerido. Comentarios o sugerencias sobre el Plan de Acción del 2021 debe hacerse por escrito y enviarlo al: Departamento del Desarrollo Comunitario de la Ciudad de Huntsville, Atención: Scott Erwin - Manager, P.O. Box 308, Huntsville, Alabama 35801. Llame al (256) 427-5400 / TTY: 256-427-7092 para obtener más información.

