

# The Valley Weekly

"Hold a true friend with both hands."  
- African Proverb

FREE

Volume 5 No. 41

www.valleyweeklyllc.com

Friday, June 21, 2019



## Deltas Forge New Leadership

by Jackie Perry

The Huntsville Alumnae Chapter (HAC) of Delta Sigma Theta Sorority, Inc. has a rich, 65-year history of service in the city, state, region and internationally. It is with great excitement that the chapter announces the slate of officers that will lead the sorority for the next biennium.

**Ovetta Hobson**, President; **Tonita**

**Phipps**, 1st Vice President; **Demetra Gilmore**, 2nd Vice President; **Shelia Nash-Stevenson**, Recording Secretary; **Rashanda Kennamore**, Corresponding Secretary;

**Jerita Crummie**, Financial Secretary; **Jenise Bradshaw**, Treasurer; **Tonju Samuels**, Assistant Treasurer; **Selicia Hughes Kidd**, Journalist; and **Michelle Hankins**, Custodian.

The Huntsville Alum-

nae Chapter of Delta Sigma Theta Sorority, Inc., chartered in 1954, has a rich legacy of providing service throughout Madison County.

With over 400 members, the chapter continues to strive to provide quality programs to educate youth, steer economic development within the community and remain at the forefront of social action.

To learn more about Huntsville Alumnae Chapter, visit the chapter's website at <http://www.dsthuntsville.org>



the recent televised contest broadcast on ABC.

For the first time in the history of the contest, Howard and seven others were named co-winners of the coveted national prize.

by Gary T. Whitley, Jr.

by the Madison County Commission. District 5 Commissioner Phil Riddick made the motion to recognize Miss Howard with a second given by District 6 Commissioner JesHenry F. Malone, and the vote by the commission was unanimous.

Howard represented Mountain Gap School, a Huntsville City School, as the student from Alabama during

## Spelling Bee Winner Honored by Commission

### Huntsville Happenings



Erin Howard, recent co-winner of the National Spelling Bee, was recently honored

## Extension Wants Help with 'Grassroots Survey 2019'

Each year the Alabama Cooperative Extension System conducts its "Grassroots Survey" to obtain information from stakeholders like you across the state.

The Grassroots Survey allows the organization to identify key issues that impact every county in Alabama. Your input is invaluable and it's a major factor in deciding what type of resources to develop for consumers. Survey results are

compiled and reviewed by Alabama Extension administrators, program developers called specialists, regional agents, and other key staff. The information is then used to develop outreach programs and other print and digital resources that address critical needs whether in rural, urban or suburban communities.



You will find the Survey online at <http://www.aces.edu/grassroots>. It takes about 10 minutes to complete and you may skip any questions you do not

want to answer.

Please contact your county

Extension office if you have questions. Just click on the name of the county nearest you at <https://ssl.acesag.auburn.edu/directory-new/>.

If you are completing a hard copy of the Survey, please drop it off at your county Extension office. A hard copy may be downloaded at:

<https://sites.aces.edu/intranet/county/Documents/ACES%20Grassroots%20Needs%20Assessment%20Survey%202019.pdf>

Thank you for sharing your feedback, thoughts, and suggestions!

by Wendi Williams

# The Valley Weekly

## INSIDE THIS ISSUE!

Washington in a Minute, **Page 3**

Champion Game Plan, **Page 5**

Millennial Thought, **Page 5**

Vibe of Huntsville, **Page 6**

An Appetite for Ease, **Page 6**

NBCC Observing 12th, **Page 7**

Spotlight on Mother Mary Elizabeth Smith, **Page 7**

3 Ways to Shape up for Summer, **Page 8**

## From the Editor

*Ahhh, My Oldest Sister, Ola!*

Just recently, my oldest sister, Ola, passed away. She was the oldest daughter of my parents' 13 children. I am the youngest. I thanks God for her for many reasons. She was the first daughter to leave home for the big city. Yes, both Philadelphia and Mobile were big cities for those of us who grew up in Monroeville.

She did not finish high school because she had to work on the farm. She left home with her husband and moved to Philadelphia and later to Mobile. As youth, we could not wait for summer to come because we were sure to be able to go to her 'big' comfortable house in Mobile for a week or two during the summer. She showed us the ropes. Her home on Hercules Street was just a block from Davis Avenue, a mecca of Black businesses from side to side and block to block. There were diverse shops, including restaurants, ice cream shops, old counter style drug stores, shoe and dress shops. At night, the children were not allowed on Davis Avenue on feet. When we drove through with adults, we heard the sounds of Ole School music banging from live bands and jukeboxes. It was as if we were driving through New York City. The big city lights and sounds were both intimidating and exciting.

By car in Mobile we would get What-A-Burgers, ice cream cones, Krispy Kreme doughnuts, fried fish and chicken plates. Fresh seafood was for sure. A special evening included a trip to Daphne to the Edgewater Beach that my Aunt Sarah Crandall owned. Ahhh! There was no place like MOBILE! Even after we grew up, we would always go to Ola's house in Mobile. It was a place of refuge, where we could always find delectable dishes, a warm bedroom in the winter and cool spaces in the summer. When the adults parked the cars in her yard, we couldn't wait to get out and go in to see what Ola had on the stove. She liked junk foods that we didn't have at home. She could make some of the best powdered sugar wedding cookies, cheese straws and gumbo!

She worked for four generations for one family of doctors and lawyers. They loved Ola and accepted her as part of their families. The children grew up and married, reaching back to take her along. She cleaned their homes, cooked, ironed and babysat the children. She wore a starched, white dress each day with white stocking and shoes. She was a model big sister. Whatever job she had, she took pride in it and was beloved by her employers.

Although Ola never finished high school, upon meeting her, you were impressed with her ability to talk about almost anything. That was because she worked around educated people, listened intently and appreciated a good quality of life in spite of her background. When in Mobile, we worked hard and played hard. She loved a spotless home, so we were forever scrubbing the hard wood floors and bathtubs. The work was worth the play.

Losing a loved one is almost always difficult. However, when you have nothing but sweet, sweet memories to sustain you, it makes the process easier to bear. And, with time, we move forward, knowing she's in a better place.

Thanks for the love shown, especially your precious thoughts and prayers. It's wonderful knowing that so many of you care. God's knows what's best for each of us. Rest in love, my dear Ola. Until next week ...



When you can't find a printed copy of The Valley Weekly around town, follow us on-line at [www.valley-weeklyllc.com](http://www.valley-weeklyllc.com).

# The Valley Weekly

**Publisher**  
The Valley Weekly, LLC

**Editor-in-Chief**  
Dorothy W. Huston, Ph.D.

**Editorial Consultant/  
Senior Editor**  
Jerome Saintjones, Ed.S.

**Editorial Assistants**  
Linda Burruss  
Phyllis Chunn  
Gary T. Whitley, Jr.

**Advertising Associate**  
Phyllis Chunn

**- Contributing Editors -**  
Reginald D. Allen  
tim allston  
Lamar A. Braxton, Jr.  
Minister Preston Brown  
Ron Hamm  
Pastor Michael D. Rice

**Website Administrator**  
Calvin Farier

**Mailing Address:**  
The Valley Weekly  
415A Church Street - Suite 100  
Huntsville, AL 35801  
(256) 651-9028  
[www.valleyweeklyllc.com](http://www.valleyweeklyllc.com)

Copyright 2019

Items for consideration for publication in The Valley Weekly should be submitted at least TWO weeks in advance to above address or by e-mail to [info@valleyweeklyllc.com](mailto:info@valleyweeklyllc.com). Items do not necessarily reflect the views of The Valley Weekly, LLC.

*Submissions to TVW do not necessarily reflect the belief of the editorial staff and TVW is not responsible for the authenticity of submissions.*

**The Valley Weekly**  
Ad Rates Single Issue

Back Cover		
	10x10-inches	\$1,000
Full Page	10x10 inches	\$800
3/4 Page	7.5x10 inches	\$600
Half Page	Horizontal	
	5x10 inches	\$400
Vertical	10x5 inches	\$400
	5x5 inches	\$200
Fourth Page	2.5x5 inches	\$100
Eighth Page	2.5x2.5	\$50
	1 col.x1 inch	\$6
Sixteenth Page	(4 col. in. minimum=\$24)	
Classified	6 Month/1 Yr.-10% & 20% Discount!	

*Dorothy*

# Washington in One Minute



Here are the top issues in Washington, D.C., for this week:

1. The House and Senate are in session this week, with votes postponed until Tuesday. The House will finish work on the first appropriations “mini-bus” package of four FY2020 appropriations bills (Defense, Energy & Water, Labor/HHS, and State/Foreign Operations) and then start work on mini-bus #2, which contains the FY2020 Commerce/Justice/Science; Agriculture; Interior; Military Construction/Veterans Affairs; and Transportation/HUD appropriations bills – completing work on 9 of the 12 annual appropriations bills. Last week, GOP congressmen forced roll call votes on dozens of amendments to the first mini-bus, which kept the House in session until 4:00 a.m. on Friday. More of these stalling tactics are expected this week as the GOP tries to pressure the House Democratic Leadership to bring up legislation providing additional border funding. The Senate this week is expected to have enough votes to block an \$8 billion arms sale to Saudi Arabia and the United Arab Emirates, which President Trump had announced using emergency powers to bypass congressional review of the sale.

2. On Tuesday, President Trump formally kicked off

his 2020 presidential campaign at a rally in Orlando, Fla., and then traveled to Miami. On Wednesday, he presented the Presidential Medal of Freedom to economist Arthur Laffer (who provided advice to the 2016 Trump Campaign). On Thursday, he hosted a meeting at the White House with Canadian Prime Minister Justin Trudeau to discuss implementation of the proposed US/Mexico/Canada trade agreement and then that evening the President and Mrs. Trump hosted members of Congress and their families at the annual congressional picnic on the South Lawn of the White House.

3. On Monday, the U.S. Supreme Court began issuing its final 24 case rulings over the final 2 weeks of its 2018-2019 term, which will include decisions on whether the U.S. Census may include a citizenship question on the 2020 national census and if the court will strike down congressional districts in North Carolina and Maryland based solely on charges of partisan gerrymandering.

4. Congressional committees had a busy

week. Highlights include a Wednesday House Ways and Means Committee hearing on the Trump Administration’s China, EU, UK, Mexico, and Canada trade policies; a 2nd hearing by the House Aviation Subcommittee (also on Wednesday) on the grounded Boeing 737-Max aircraft featuring testimony from airlines, pilots and flight attendants (including “Miracle on the Hudson” pilot “Sully” Sullenberger); a House Middle East Subcommittee hearing on Iran on Wednesday; a Thursday House Consumer Protection Subcommittee hearing on the proposed roll back of car and light truck fuel economy standards; and a Tuesday Senate Finance Committee hearing on the proposed US/Mexico/Canada free trade agreement.

5. Peter Oppenheim, the assistant secretary for legislation and congressional affairs at the Education Department, is returning to the Capitol Hill. He starts today as the Senate HELP committee’s general counsel. Mr. Oppenheim previously served as the education policy director and counsel for Senator Lamar Alexander (R-TN) on the committee.

6. The Hill newspaper on Monday contained an analysis of a recent Public Opinion Strategies election report showing the Republican party is dominated by a single demographic: non-college educated white men – of whom 66% voted for GOP candidates in the 2018 midterm elections – while losing white voters with a college education

by 8% and women voters by 19%. The report also found that in 2012, 40% of Republicans were college-educated whites, while in 2018 that number had fallen to just 29%.

The Hill reported that the key swing voters for 2020 are the 6 million mostly white, working class men who voted for President Obama in 2012 and then switched to President

Trump in 2016 - whose number one issue is opposition to free trade.

Hamm Consulting Group  
400 North Capitol Street,  
NW Suite 585  
Washington D.C. 20001  
T: 202-596-8384  
rhamm@hammconsulting.com  
www.hammconsulting.com

**2.75% APY\***

Start earning more on your savings. Contact us today.  
myprogressbank.com | 888.513.2288

ProgressBank  
MEMBER FDIC

\*APY (Annual Percentage Yield) is effective as of March 25, 2019 and is subject to change at any time. Minimum balance required is \$10,000. CD interest will be calculated on a 365 day basis, compounded daily and paid monthly with a transfer into a Progress Bank checking, savings or money market account or interest can be added to the CD balance each month. APY assumes interest remains on deposit until maturity. Withdrawals of interest will reduce earnings. Account is not available for public funds or institutional deposits. For 17 month CDs, we will impose a penalty if you withdraw any or all of the principal before the maturity date. The fee imposed will equal 90 days of interest. CD will renew automatically at the rate in effect for Progress Bank 18 month CD at the time of maturity. Limited time offer - ends May 31, 2019.

ALABAMA'S F150 SUPER STORE

THE ALL-NEW 2019 FORD RANGER

Home of the 5-Star Service!

**FREE (DINE-IN)**

**APPETIZER OF THE DAY 4PM TO 9 PM**

**BIG BOWL Thai Cuisine**

6125 University Drive  
Huntsville, AL 35806

A Few Doors Down From Class Act II

**Ivory W. Reedus, LUTCF**  
Agent  
AL #A-058076

**New York Life Insurance Company**  
200 Clinton Avenue, Suite 600  
Huntsville, AL 35801  
Tel: 256-517-5922 Direct  
Tel: 256-852-7328  
Fax: 256-593-1842  
ireedus@ft.newyorklife.com

New York Life “The Company You Keep”

## Where to Find Your FREE Copies of The Valley Weekly

AAMU Public Relations Office

Albert's Flowers

Alphonso Beckles, Attorney at Law

Bob Harrison Senior Wellness Center

Briar Fork CP Church

Bryant Bank - Church Street

Chris' Barber Shop

Depot Professional Building

Dunkin Donuts

Eagles' Nest Ministries

Fellowship of Faith Church

Fellowship Presbyterian Church

Health Unlimited

House of Hope and Restoration

Huntsville Bible College

James Smith - AllState Insurance

Lakeside United Methodist Church

Lucky's Supermarket

Marshall England - State Farm Agent

Martinson & Beason, PC

Nelms Memorial Funeral Home

N. Ala. Center for Educational Excellence

Oakwood University Post Office

Regency Retirement Village

Rocket City Barber Shop

Sam and Greg's Pizza

Sav-A-Lot

Sneed's Cleaners

Starbucks (Governors Drive, N. Parkway at

Mastin Lake Road/University Drive)

Union Chapel Missionary Baptist Church

## Remembering Michael Jackson - and his Secret

Read 2 Corinthians 12:7-10

by tim allston

June 25th marks the 10th anniversary of Jackson's death.

**Q: What was the King of Pop's enduring legacy . . . for recovering ego-holics?**

- More than his estimated 350 million record sales and trademark singing/dancing pyrotechnics ...
- Even more featured publicly than his red leather jacket, shimmering white socks, patent leather Florsheim size 9 ½ loafers or black fedora hat ...
- And perhaps even unbeknownst to this \$236 million-valued cultural/entertainment icon ....



**A: It will be Jackson's left-handed, white rhinestone-studded modified golf glove, masking his secret.**

Until now.

Ego-holism recovering step #5 reveals that some of our greatest victories ("lemonade") come directly from our responses to our most sobering defeats or setbacks ("lemons").

**From actress/friend Cicely Tyson:**

www.thehits.co.nz, 8-20-2017: "Tyson revealed to a CNN editor that she was there when the glove was being made and explains that the reason for the glove was more than just hearsay!

"Jackson's dermatologist (Dr. Arnie Klein) confirmed that The gloved one was indeed suffering from a serious case of Vitiligo and he was getting breakouts on his hand and face, areas that were difficult to treat.

"Geeeee, talk about turning a negative into a positive!"

FYI: December 2009 witnessed the glove being auction-purchased for \$420,000!

**Getting a Hand from the Apostle Paul**

Rather than deny his "thorn in the flesh," Paul instead thanked God, which he credited with converting his infirmity into a strength (2 Cor. 12:7-10).

As with Michael Jackson's "lemon," God and you can team up and create a "lemonade blessing," using your bitter lemon.

Squeeze it today.

*tim allston is the author of the free book, 7 Steps to Manage Ego Problems: The How-to Guide for "Someone Else," free and downloadable now at www.GetEgoHelpNow.org.*

## DLC Accepting Applications for 12th Cohort



Applications are being accepted for Cohort XII of the Diversity Leadership Colloquium until August 27.

Classes will begin September 3 and end October 22, running 6-9 p.m. every Tuesday evening. Graduation

will be held on October 29.

Applications are available online at [www.diversityleadershipcolloquium.com](http://www.diversityleadershipcolloquium.com). Questions should be emailed to Mrs. Georgia Valrie at [gvalrie1971@gmail.com](mailto:gvalrie1971@gmail.com) or call (256) 656-4698.



**Dedicated To You.  
Delivering Results.**

Personal Injury | Auto Accidents | Probate & Estate Administration  
Corporate Law | Real Estate Law | Divorce | Criminal Law

### Contact Us

Phone: 256-533-1667

Fax: 256-533-1696

[info@martinsonandbeason.com](mailto:info@martinsonandbeason.com)

[www.martinsonandbeason.com](http://www.martinsonandbeason.com)

[facebook.com/martinsonandbeason](https://facebook.com/martinsonandbeason)



*No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers.*



Design • Print • Mail • Promotional  
256-539-1658 [www.xcelprint.com](http://www.xcelprint.com)

W&A  
WOMACK & ASSOCIATES LLC

"Partnering With You to Make Informed Decisions"

\*Comprehensive Financial Planning \*Estate Planning \*Accounting Services  
\*Tax Planning and Preparation for Individuals, Businesses, Estates and Trusts

**To learn more contact us:**

Lori A. Womack, CPA/PFS, CFP®

Managing Member

[lwomack@womackassociatesllc.com](mailto:lwomack@womackassociatesllc.com)

4650 Whitesburg Dr S, Suite 101

Huntsville, Alabama 35802

256-534-1360



# Millennial Thought

by Josh Alex Baker

**“The Day Is Only Thursday!”**

Self-awareness is power. Over the span of my life, one of the greatest incumbrances I have faced is the *false dilemma*.

A false dilemma is a logical fallacy. Sounds great to the ear but is otherwise erroneous. A false dilemma presents that there are only two, rigid options with no flexibility in between.

For example, “*Drink this bottle of water*” or “*immediately pass out in the sun*.” As you can imagine, quite a few steps exist between each point of this spectrum. I believe that one of the greatest false dilemmas we

succumb to is *do it all at once or do nothing at all*. I have found that when I have been most overwhelmed, I was presenting myself this dilemma. In as much as you can, don’t panic.

*Plan*. Make a list. It might seem trivial, but it can make a world of difference. Instead of allowing every obligation to pounce through your brain like a free-radical, put it down on paper.

Quantify your workload. You might find that what feels like end-of-the-world-responsibilities are actually just seven agenda items. Being able to see them tangibly makes the task so much more accessible. I will never forget a conversation with my aunt that changed my

life. As I’m unloading what seems to be an endless list of obligations due before the beginning of the next work week, she reminds me that the day is *only* Thursday. Such simple reassurance was so transformative. It allowed me to breathe. It allowed me to pace. It allowed me to accept that every single duty would not be finished in the span of a day. But that it would also be okay. That it *would* get done.

So, even if you have to save the entire world before the close of business today, consider that it’s only morning. That there is still time. That you are still very much capable. That you will overcome the hurdle.

*Josh Alex Baker is a recent graduate of social work at Alabama A&M University, where he is now pursuing the Master of Social Work degree.*

## Huntsville City Council Meetings



Huntsville City Council’s regular meetings are held in the City Council Chambers of the Municipal Building on the 2nd and 4th Thursday of each month at 6 p.m. Council work sessions are also held in the Chambers of the Municipal Building on the 1st and 3rd Thursday of each month at 6 p.m. People can sign up for notices of Council meetings and special sessions online at <https://signup.e2ma.net/signup/1825550/1780821/>

For more information, call (256) 427-5011.

## The Valley Weekly Calendar of Events

**Thru August 2**  
Oak Kids Day Camp  
Oakwood University Church  
Registration: [www.oucsda.org/daycamp](http://www.oucsda.org/daycamp)

**June 20**  
City-wide Fun Fest  
Milton Frank Stadium  
9 a.m.-1 p.m. (Free)

**June 28**  
Alabama A&M University Board of Trustees Meeting  
Clyde Foster Auditorium  
College of Business and Public Affairs - 10 a.m.

**June 22**  
Backpack Explorers  
Burritt on the Mountain  
(256) 536-2882

“Making Alabama: A Bicentennial Traveling Exhibit”

Huntsville Botanical Garden  
(256) 830-4447

**June 29**  
“A New Moon Rises: Views from the Lunar Reconnaissance Orbiter Camera”  
Huntsville Museum of Art  
[hsvmuseum.org](http://hsvmuseum.org)

**July 5-6**  
Huntsville Loud Festival  
Sidetracks Music Hall  
\$5/night

**July 13**  
Rocket City Burger Battle  
Campus 805  
Stone Event Center  
11 a.m.-2 p.m.

Beautillion Information Session  
Sponsor: Fun-Set Social and Charity Club

## Champion Game Plan for Life

by Preston Brown

### “MAKING COMPARISONS”

Matthew 20:12-15: one of the hired men said to the landowner, “These who were hired last, worked only one hour and you have made them equal to us who have borne the burden of the work and the heat of the day.” But the landowner answered one of them saying, “I am not being unfair to you, friend. Didn’t you agree to work for one denarius? Take your pay and go. I want to give the one who was hired last the same as I gave you. Don’t I have the right to do whatever I want with my money? Or are you envious because I am generous?”

Does it ever feel like to you that life is not fair? As we read here in the text, we see that God blesses whoever He wants to bless and there is no rhyme or reason to it. But the problem that so many of us have is we try

to look at the fairness of it all. For example, how many of us felt like those who worked the longest should have been paid the most. Let’s face it, most of us see life from our own limited experiences and our own perceptions. So, when we feel that life is not fair, perhaps we need to look at the reason we feel that way. I believe that one of the reasons we feel that life is not fair is because of “comparisons”. In other words, we are constantly comparing ourselves to other people. This is a trap by the enemy. He will always make you feel like what you did or what you have is not enough. I pray that you don’t fall into this trap. Now there is nothing wrong with trying to aspire to be like someone else, but that is completely different from the parable that

is being explained in this scripture. When we make comparisons, that will keep us from the blessings that

God wants us to have. Also our pride will make us feel like life is not fair. Pride has always been the “downfall” of man. The Pride of these hired workers made them feel like

they were better than the people who worked for only an hour. Even though they agreed to the conditions and the pay. I believe that whenever we feel that life is not fair, we may need to check our perspective and ask God for wisdom in this area ... Stay encouraged, my brothers and sisters. Also remember that you can purchase my book, *A Champion Game Plan for Life*, on [amazon.com](http://amazon.com) or contact me at [pbrown@damson.com](mailto:pbrown@damson.com)



## Make Your Gift A WINNER This Year!



The Houndstooth Card™  
PRE-PAID GIFT CARD

BRYANT BANK

HOUSTOOTH CARD FEES & RESTRICTIONS: \$20 minimum per card; \$500 maximum. \$5 per month inactivity fee after 12 months. \$5 reissue fee. Some restrictions may apply. Purchase and use of gift card subject to certain fees & the VISA Gift Card Terms & Conditions. Contact your local Bryant Banker for more details.

## Albert’s Flowers

Located Downtown in Medical District; Closest Florist to Huntsville Hospital  
Free Delivery to Huntsville Hospital and Local Funeral Homes

716 Madison Street - Huntsville, AL 35801

FLOWERS, GIFTS,  
EXOTIC FLOWERS

Graduate of  
American Floral Art School  
256-533-1623  
256-536-6911  
[www.albertsflowers.com](http://www.albertsflowers.com)



# Valley Deaths

## - Nelms Memorial Funeral Home -

Funeral service for MR. EDWARD LOMAS (b. 1965) was held Saturday, June 15, at the Nelms Memorial Funeral Home Chapel with Minister Lycia Johnson officiating.

Funeral service for ELDER ROBERT D. ("WINKY") DRAKE (b. 1956) was held Saturday, June 15, at First Missionary Baptist Church with The Reverend Dr. Edward Anderson officiating.

Funeral service for MR. KENDRICK D. GRAHAM (b. 1990) was held Saturday, June 15, at the Nelms Memorial Funeral Home Chapel with The Reverend Andrew Maize, III officiating.

Funeral service for MR. FREDRICK RICE (b. 1965) was held Thursday, June 13, at Union Hill Cumberland Presbyterian Church in America with The Reverend Felix Chew officiating.

## - Royal Funeral Home -

Funeral service for MR. SYLVESTER LAVONTE' McCAULEY III (b. 1988) will be held Saturday, June 22, at 12 noon at the Eagles' Nest Ministries (6831 Hollow Road NW, Huntsville, Ala.).

Funeral service for MR. ROBERT LLOYD BRAZELTON (b. 1949) will be 11:30 a.m., Saturday, June 22, at Union Chapel Missionary Baptist Church (315 Winchester Road Huntsville, Ala.) with Minister Columbus Collier eulogist.

Funeral service for MRS. MAE FRANCES WATKINS (b. 1944) was held Thursday, June 20, at the Royal Chapel of Memories (4315 Oakwood Avenue NW, Huntsville, Ala.).

Funeral service for MS. MARGARET MONTAGUE MATHIS was held Wednesday, June 19, at Saint John African Methodist Episcopal Church (229 Church Street NW Huntsville, AL 35801) with Pastor Caudewell Campbell officiating.

Public viewing for MR. EUSTACE ST. GEORGE MESSIAH (b. 1952) was held Monday, June 17, at the Royal Funeral Home (4315 Oakwood Avenue NW, Huntsville, Ala.).

Funeral service for MRS. BRENDA MCGHEE LOVEJOY (b. 1951) was held Saturday, June 15, at Northwest Church of Christ with Minister John Branch officiating.

## - Serenity Funeral Home -

Funeral service for MR. ANTHONY "MOOCHIE" ROBINSON, JR., (b. 1958) will be announced at a later date.

# Experience the 'Vibe' of Huntsville

There is a new vibration moving through the city of Huntsville right now and the movement responsible for this wave is R&B Vibes Live.

There was a void when it came to consistent Urban Music events catering to the growing Black professional population in Huntsville, but said void has been recognized, and real action is being implemented.

Instead of waiting for the next big act to come to town, R&B Vibes Live is in the business of creating them, and providing them with a professional platform.

The man at the helm of the ship is Ryan Felton, CEO and creator of the platform. With the work he has been producing, one can feel the community of musicians growing closer, leaning on each other



for support, and fans are getting their fair share of above-average concerts.

The best thing about R&B Vibes Live is its support of local talent. Huntsville has a rich history of influencing the world of music for over a hundred years, even though these works are overshadowed

at times by rockets and other Huntsville factors.

Ryan is keeping stages lit with events across town at venues such as Club Envy, The Camp, Sidetracks Music Hall, and Mango's Caribbean Cookhouse.

As Huntsville grows, there will be a large demand for

live music events, with family friendly environments, creative listening spaces, making the moves of Ryan Felton, and team important to the community's future.

For more information visit their website at [www.randb-vibeslive.com](http://www.randb-vibeslive.com)

by Codie L. Gopher

## Called 2 Preach

by Pastor/Founder Michael D. Rice  
Grace Gethsemane Mission Church

## An Appetite for Ease

Genesis 13:10-11; 19:17-20

Marcus Aurelius was one of the five greatest emperors of Rome. He is quoted as saying, "The impediment to action advances action." He is also quoted as saying, "Such as are your habitual thoughts, such also will be the character of your mind; for the soul is dyed by the thoughts." That's just another way of saying, "As a man (person) thinks, so is he (are they)." Had Lot understood this, the trajectory of his life would have been different. He lived based on his *appetite for ease*. Therefore, when Lot was given the choice of which area of the land that he

would move to, he "lifted his eyes" and saw a naturally irrigated and beautifully arrayed area that he believed was the best place to move. After all, he wouldn't have to build any watering systems or engage

in any horticultural endeavors of planting trees and grass; it was all there. However, that area was Sodom and Gomorrah. Before God destroyed them, he sent angels to rescue Lot and his family and Lot was told to "Escape to the mountains." Lot's perpetual proclivity toward that which required less

effort, landed him in Zoar, the little city. He did not understand the principle of impediments as being the way to advance him. Succumbing to the thoughts which had dyed his soul with that captive, corrosive color of mediocrity, he spent his final days in smallness rather than enjoying God in the mountains.



JERRY DAMSON  
HONDA ACURA  
satisfaction  
visit us online at [damson.com](http://damson.com)

## NBCC to Observe 12th Anniversary

New Beginnings Christian Church and Pastors Errol and Jennifer Davis cordially invite the Tennessee Valley community to celebrate the 12th anniversary and Pastors Appreciation in the month of June.

Join them for Holy Convocation Service on Thursday night, June 27, at 7 p.m. with guest preacher Dr. Joseph Brown of

Rhema Christian Center in Heflin, Ala., and Friday night, June 28, at 7 p.m. with guest preacher Bishop Kevin Adams of Olivet Baptist Church in Chattanooga, Tenn.

The anniversary services will culminate on Sunday, June 30, at 10:30 a.m. with guest preacher Pastor Delvick McKay of



Greater Shiloh Missionary Baptist Church in Headland, Ala.

For additional information, call (256) 489-4943 or visit newbcc.org.

**SERENITY**  
FUNERAL HOME

2505 University Dr. NW  
Huntsville, Alabama 35816  
(256) 539-9693

A New Generation Of Service

## Spotlight on Our Elders ... Featuring

# Mother Mary Elizabeth Smith

A native of Hinesville, Ga., Mrs. Mary Elizabeth Smith received the Bachelor of Arts degree in both business education and elementary education from her alma mater, Savannah State University.

She daily demonstrates her dedication for people in the community through volunteerism for government, church and public missions in order to improve her city, state and the world. Her compassion for human kind and leadership in several organizations shows her upstanding and phenomenal character. Hard work does not deter her at all.

She served as Board President for Wellstone Behavioral Health, Madison

County, where she conducted business operations, supervised planning, personnel and finances.

Liz, as she is affectionately known, strives to help support individuals in getting back into the mainstream of society and live improved, productive, happy, and independent lives. She is an active member of Union Chapel Missionary Baptist Church, where she currently serves as advisor/mentor to the Ushers' Ministries. Community engagement is what Ms. Smith lives for and works hard to bring projects, assignments and dreams to fruition.

She is a member of the American Association of University Women, where she serves as a mentor to young



women currently enrolled at J.F. Drake State Community and Technical College, Calhoun Community College, the University of Alabama in Huntsville, and Alabama A&M University. Her power of mentoring has resulted in several scholarships having been awarded to young women.

## Lowe's Youth and College Day

The theme for the 2019 Youth and College Day on June 23 at 10 a.m. is "Level Up" celebrating the accomplishments of all young people in the Lowe's Chapel UM Church congregation, from preschoolers through completion of Medical School. The

speaker for the celebration is Dexter Strong.

Attendees are encouraged to wear their favorite, High School, College, or Greek attire.

There will be a Tailgate following the celebration services.

For more information

see the church website at [www.loweschapel.com](http://www.loweschapel.com) or call the church at 256-695-9104. Lowe's Chapel United Methodist Church is located at 460 Sanderson Road, Huntsville, Ala. The pastor is Rev. Waymond K. Smith.

# WOODY ANDERSON

HOME OF

HENRY'S

MUSTANG CAFÉ

2 Sausage Biscuits  
for \$4!

2500 Jordan LN NW  
(256) 517-1288  
Henry'sMustangCafe@gmail.com  
WoodyAndersonFord.com  
(256) 539-9441

facebook

BREAKFAST SERVED  
MONDAY THRU SATURDAY  
6:30AM UNTIL 11:00AM

LUNCH SERVED  
MONDAY THRU FRIDAY  
11:00AM UNTIL 2:00 PM

# MAYHEM IS EXPENSIVE. ALLSTATE IS NOT.

**JAMES F SMITH & ASSOCIATES**  
256-852-7310  
415 CHURCH ST NW BUILDING B  
HUNTSVILLE  
jamesfsmith@allstate.com

**Allstate**

Subject to terms, conditions and availability. Allstate Property and Casualty Insurance Co. © 2013 Allstate Insurance Co.

**Marshall England, Agent**  
600 Madison Street, SE - Suite B  
Huntsville, AL 35801  
Bus: 256.539.2014  
[marshallengland@marshallengland.com](mailto:marshallengland@marshallengland.com)

[www.marshallengland.com](http://www.marshallengland.com)

## John Stallworth Hosts Final Golf Tournament

Friday, June 14, 2019  
Huntsville, Alabama



Following years of raising scholarship money for student athletes at Alabama A&M University, the John Stallworth Foundation and its namesake, hosted its final golf tournament on Friday, June 14.

After many years of fundraising, the NFL Hall of Famer and Huntsville resident John Stallworth, along with his wife Flo, have supported 200 student athletes at Alabama A&M University with over \$550,000 in scholarship support.

Thanks to his former NFL friends who come to Huntsville each year to support the foundation's signature golf tournament event hosted by John, an Alabama A&M alumnus, the list of NFL legends that have attended the event helped to bolster the efforts of the foundation.

Although this was the final golf tournament, John & Flo Stallworth have become philanthropic pillars in the greater Huntsville/Madison County community and staunch supports of Alabama A&M University, and their community focused endeavors will continue to help those in need.

by Gary T. Whitley, Jr.

## City Lights & Stars

2019 CONCERT SEASON  
PRESENTED BY:



June 21<sup>st</sup> - Huntsville's In the Mood

July 5<sup>th</sup> - Kaleidoscope

July 26<sup>th</sup> - Henri's Notions

August 16<sup>th</sup> - Microwave Dave & The Nukes

September 13<sup>th</sup> - Flashbacks Show Band



## Home Equity Line of Credit Limited Time Offer!

**3.99%** APR  
fixed introductory  
rate for 12 months\*

[myprogressbank.com](http://myprogressbank.com) | 888.513.2288

 **ProgressBank**

\*The introductory rate of 3.99% APR (annual percentage rate) is fixed for 12 months. At end of introductory period, the interest rate will convert to Wall Street Journal (WSJ) Prime Rate + 0.50% with a 4.00% rate floor OR WSJ Prime Rate + 1% with no rate floor. WSJ Prime rate is subject to change daily. WSJ Prime as of 03.27.19 is 5.50%. APR based on 5.50% interest rate is 5.581%. Maximum APR is 18.25%. Closing cost may range from \$300 to \$1,500. For new HELOCs with loan amounts up to \$250,000 the bank pays closing costs, subject to initial draw of \$10,000 and maintaining outstanding balance of not less than \$10,000 for first 180 days. Owner occupied primary or secondary personal residences only. Monthly automatic payment debit to Progress Bank checking account is required. Subject to credit approval. Consult a tax advisor regarding interest deductibility. Limited time offer – ends June 28, 2019. NMLS# 401921

