

“Make It a **Father’s Day** with Meaning” - p. 8

FREE



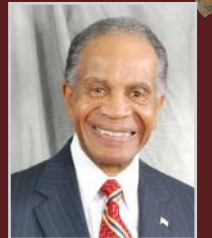
GLORIA B: “Desire vs. Necessity” - p. 4

Friday
June 19, 2026
 Vol. 12, No. 42
 ValleyWeeklyllc.com

Emancipation
 Proclamation
JUBILEE
 Sat., June 20
 The Mansion
 4001 Blue Rping Rd.
 1-6 PM

The Valley Weekly

SALUTE!
 Rosetta James Foundation
 ELDER OF THE WEEK



Dr. Marvin P. Carroll

“Nearly all men can stand adversity, but if you want to test a man’s character, give him power.” — Abraham Lincoln

AAMU Opens Primary Care Clinic in North Huntsville

North Huntsville residents now have a new front door to health care. Alabama A&M University leaders joined Huntsville Hospital officials, elected representatives and community stakeholders recently to celebrate the opening of Physician Care North Huntsville, the first primary care facility in North Huntsville. The new clinic located at the AAMU Plaza at 4701 Meridian St. will provide primary care services to patients ages 18 and older. The 3,200-square-foot facility includes five exam rooms and one procedure room and will offer annual physicals, preventive screenings, immunizations, chronic disease management, employment and sports physicals, and sick visits.

AAMU President



Daniel K. Wims said the clinic represents the realization of a vision that emerged through years of conversations focused on addressing health care access in North Huntsville. “I would like to thank new trustee and executive vice president Tracy Doughty,” said Wims during the ribbon-cutting ceremony. “This idea did not occur in a vacuum. It came out of years of conversation between he and I, and I am personally indebted to him

for the work he did to make this vision possible.” Wims said discussions initially centered on finding ways to address longstanding challenges facing the community. “I sold him on the idea that we have somewhat of a food desert and a health care desert, and we needed to do something about it,” said Wims. “This facility is a monumental step forward for North Huntsville and the families who call this community

home.” Doughty, executive vice president of Madison County Operations for Huntsville Hospital Health and a recently appointed member of the AAMU Board of Trustees, said the clinic was created to remove barriers to care for residents across North Huntsville and surrounding communities. Dwayne Mathis, executive director of Huntsville Hospital Physicians Network, said expanding access to preventive

care has been a long-standing priority for the health system. “Historically, North Huntsville has had fewer health care options than many other parts of our community,” said Mathis. “Today is a major step toward changing that.” The clinic will be led by Tammie Smith, a physician assistant (PA), and AAMU alumna. Smith and her team began seeing patients by appointment on June 15. The clinic occupies University-owned property and reflects a partnership between AAMU and Huntsville Hospital to improve community health outcomes and expand access to care in North Huntsville. For more info, visit <https://www.huntsvillehospital.org/north-huntsville>



Huntsville Builds Focus on Homeless Services

The City of Huntsville is highlighting major strides in its coordinated approach to supporting unsheltered residents. Through new staffing, expanded partnerships and a more intentional

outreach model, the City’s new Homeless Services Team is delivering deeper, more individualized assistance and improving pathways to housing and treatment. The City’s addition of its first Homeless

Resource Specialist Charles Morris has helped coordinate and strengthen service delivery across organizations working with the unsheltered population. For more information, visit the city’s **homeless** website.

INSIDE THIS ISSUE!

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Here are the top issues and events in Washington, D.C., for this week.

1. CONGRESS. The Senate is in session this week, while the House is out. On Wednesday, the Senate Intelligence Committee scheduled a confirmation hearing for Jay Clayton, the President's permanent nominee for the cabinet-level Director of National Intelligence. This follows turmoil on Capitol Hill over his previous nomination of Federal Housing Finance Director Bill Pulte as acting director, which helped tank the reauthorization of Section 702 of the Foreign Intelligence Surveillance Act (FISA), which lapsed last Friday. Before the Clayton nomination was announced, the House voted down an extension of FISA through July 2, 2026, with 19 Rs joining most Ds in voting against the bill.

The House Appropriations Committee approved the Labor, Health and Human Services, and Education (LHHS-ED) fiscal year 2027 appropriations bill on Tuesday in a party-line vote. The bill is now set to be considered by the full House.

2. EXECUTIVE BRANCH. The President was in France through Wednesday attending the Group of Seven leaders' summit in Évian-les-Bains. Last Wednesday, the President signed the \$71 billion Reconciliation bill, which funds immigration enforcement and related activities at CBP and ICE through Fiscal Year 2029. Last Friday, the

Justice Department approved Paramount Skydance's \$110 billion deal to buy Warner Bros. Discovery (Paramount Skydance is owned by David Ellison, the son of billionaire Oracle co-founder and Trump ally Larry Ellison). Also last Friday, U.S. District Court Judge Leonie Brinkema indefinitely blocked the Justice Department's proposed \$1.8 billion anti-weaponization fund and gave the administration 1 week to file a declaration that the fund is dead.

In another decision on Friday, U.S. District Judge Angel Kelley barred the National Park Service (NPS) from taking any further action to implement an executive order that called for scrubbing park sites of partisan ideology and descriptions that disparage Americans — and gave the NPS 21 days to restore and reinstall materials that had been removed or altered. Last Thursday, U.S. District Court Judge Amit Mehta ordered the Energy Department to restore 11 clean energy grants in states that the GOP lost in 2024.

Last Saturday, workers removed Donald Trump's name from the facade of The Kennedy Center after the administration filed and lost 2 emergency appeals on Friday afternoon.

3. IRAN WAR DEAL. Crude oil prices fell Monday on weekend news that a deal had been reached to end the Iran War, with U.S. and Iranian officials set to sign a Memorandum of Understanding on Friday in Switzerland.

Reportedly, the deal is a 60-day extension of the current ceasefire that will reopen the Strait of Hormuz to commercial traffic and end the U.S. blockade of Iranian ports, while negotiations continue on the Islamic Republic's nuclear program.

The President told The New York Times that he might agree to a 15- or 20-year suspension of Iran's uranium enrichment program in exchange for lifting sanctions against Iran. The White House denied Iran's claims that the deal includes a \$12 billion U.S. payment to Iran.

4. SUPREME COURT.

The Supreme Court will issue additional decisions from its current docket on Thursday. Major cases yet to be announced include: (1) Trump v. Barbara, which asks whether the President's executive order to end birth-right citizenship for children born in the U.S. to non-citizen parents violates the 14th Amendment; (2) Little v. Hecox and West Virginia v. B.P.J., which address state laws that restrict transgender girls and women from participating in publicly funded female sports; (3) Wolford v. Lopez, which asks whether Hawaii's requirement that concealed-carry permit holders obtain property owners' permission before carrying handguns on private, publicly accessible property violates the Second Amendment; (4) Watson v. Republican National Committee, which asks whether states can count mail-in ballots that arrive after Election Day; and (5) Trump v. Slaughter, which asks whether the President has the right to fire the heads of independent agencies at will.

5. FEDERAL RESERVE MEETING. New Federal Reserve Chair Kevin Warsh convened his first policy meeting, with the Fed expected to hold rates steady — but he is reportedly facing

pressure to raise interest rates later this year amid an inflation rate that, as of last Wednesday, jumped to 4.2% in May from April's 3.8%, accompanied by a strong jobs report showing 172,000 jobs in May.

Additionally, last Thursday, it was announced that wholesale prices rose more than expected in May, up 1.1% for the month, putting the 12-month wholesale inflation rate at 6.5%.

6. HIGHER EDUCATION.

The House passed legislation this week to crack down on federal student aid fraud, approving the measure 249-172, with support from nearly 40 Democrats. The bill would

require the U.S. Department of Education to establish an identity-fraud detection system for the Free Application for Federal Student Aid (FAFSA). The legislation targets so-called "ghost students", fraudulent applicants who enroll in classes using stolen identities, collect federal aid, and then disappear with the funds, costing taxpayers millions.

The bill largely codifies a FAFSA fraud-detection tool already in operation at the Education Department, giving it a permanent statutory foundation. The measure aligns with the Trump administration's broader government-wide anti-fraud initiative.

7. OBAMA CENTER TO OPEN. This Thursday marked the start of a 4-day celebration for the opening of the Obama Presidential Center in Chicago. A dedication ceremony was held on Thursday at the John Lewis Plaza and can be watched online at: <https://www.obama.org/visit/grand-opening/>.

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Thank God for My Dad

As we celebrate Father's Day, I find myself reflecting on a man whose life was defined not by wealth or status, but by hard work, sacrifice, wisdom, and unwavering love for his family.

My mother and father raised thirteen children together. In today's world, that number may seem unimaginable, but in rural Alabama it was simply our reality. My father was a sharecropper who eventually managed to own a small home and farm. We were not rich by any measure, but we had what we needed, and we learned lessons that many people today never experience.

Like many men of his generation, my father had little access to healthcare or dental care. In those days, when dental problems became severe, teeth were often pulled because there were few other options. Many of the elders in our community wore dentures. Yet I remember my father having strong, healthy teeth for most of his life. His secret was not expensive dental products or elaborate routines. He always carried a toothpick or a small carved stick. After every meal, he carefully cleaned his teeth. Sometimes that toothpick rested behind his ear, ready whenever he needed it.

As a child, I also wondered why so many of the men and women who worked outdoors from sunrise to sunset did not suffer from the skin cancers we hear so much about today. My father never left home without a hat. During the summer, he wore wide-brimmed straw hats while working in the fields. The entire community did the same. Looking back, I often think those hats may have provided more protection than we realize. It reminds me that some of the practical wisdom passed down through generations deserves our attention.

Much of what we know today is driven by commerce. Every problem seems to have a product attached to it. Yet many of our childhood illnesses were treated with remedies found right at home.

My father knew how to make moonshine. In fact, he made it for some of the local officials in town. During the winter months, when one of us developed a stubborn cold, my mother would mix a small amount of that moonshine with honey, lemon, peppermints, and whatever else she found in the kitchen cupboard. We would drink it before bedtime, and by morning we felt like new people.

Today, after a month of dealing with a bronchitis-like infection, I have been prescribed two different antibiotics, a Z-Pak, an inhaler, a steroid injection, and still struggle with congestion, a lingering cough, and constant drainage. I must admit there are days when I wish I had a little of my father's homemade remedy.

Our family also benefited from something that has become increasingly rare: food that came directly from the land. Most of what we ate and drank, we produced ourselves. Our garden overflowed with vegetables and fruits. We ate greens, beans, peas, and other fresh produce. We raised grain-fed chickens, turkeys, hogs, and cattle. Processed foods were not a major part of our diet. As a result, most of us were relatively healthy.

Today, I carefully monitor my sodium intake and watch my glucose levels because so much of the food available in grocery stores is loaded with salt, sugar, preservatives, and additives. Even when dining out, I have to think carefully about what I order. The contrast between then and now is impossible to ignore.

But Father's Day is not just about memories. It is also about gratitude. I thank God for fathers who continue to provide for their families. I celebrate fathers who show up for their children, who teach, guide, encourage, and sacrifice. The value of a father cannot be measured in dollars and cents. It is measured in the lives he shapes and the legacy he leaves behind.

I especially thank God for my dad. He supported my dream of pursuing higher education, even when doing so required tremendous sacrifice. When I decided to leave Alabama and continue my education in Ohio, he believed in me. He even bought me my first car—a Cutlass Supreme. In the late 1970s, that was a dignified automobile for a college student. Looking back, I realize that purchase represented much more than transportation. It was a statement of confidence. It was his way of saying, "I believe in you."

My father may never have imagined all that I would accomplish, but his faith, work ethic, and example helped make it possible.

This Father's Day, I honor his memory and thank God for every lesson he taught me.

Until next week ...



Dorothy


JUNE 19 - PHYLICIA RASHAD is an American actress, singer and stage director. She is known for her role as Clair Huxtable on the NBC sitcom *The Cosby Show* (1984–92), which earned her Emmy Award nominations in 1985 and 1986. She was dubbed "The Mother" of the black community at the 2010 NAACP Image Awards. Rashad studied at Howard University, graduating magna cum laude in 1970 with a Bachelor of Fine Arts degree. She is also a member of Alpha Kappa Alpha sorority. She was initiated into the Alpha Chapter during her tenure at Howard University.

- *BlackCelebrityBirthdays.org*



Spiritual Game Plan

Valley Weekly
PRESTON BROWN'S



Today's Spiritual Game Plan:

"Thy Will Be Done"

Matthew 26: 39 says, "Going a little further, He fell with His face to the ground and prayed, 'My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.'"

Have you ever been caught between what you want and what God wants for your life? Have you ever had such a difficult decision that you wanted God to show you another way? I believe that God gives us all certain assignments that He wants us to complete, as He did with Jesus, His one and only son. This was a very difficult decision because Jesus was being asked to take on the sins of the whole world—not just the sins of our country or the sins of our continent, but the sins of the whole world. This had to have been an enormous task, but aren't you glad that Jesus chose to complete His assignment? Where would we be if He had not become the savior of the whole world? Some assignments are easier to handle, like getting a



new job or deciding to be a coach for your son's football team. However, some assignments are more difficult, like planting a church or going into ministry or being a caretaker for an elderly

person. Whatever assignment God has given to you, I pray that you complete your assignment. I also pray that His will be done for your

life. Even if you have to struggle, I pray that God gives you the strength to struggle. Even if you have to endure some pain, I pray that God gives you the strength to

endure the pain. Even if you have your doubts, like Jesus did, I pray that God gives you the strength to overcome your doubts.

May God grant you spiritual success with completing the assignment that He has given you.

Question: What assignment has God given you that seemed too much for you to bear?

Stay encouraged, my brothers and sisters, and make sure you purchase a copy of my books, *Spiritual Game Plans for A Successful Life* and *A Champion Game Plan for Life*, at amazon.com.

NEXT WEEK:
"Perception Is Everything"



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Funeral service for **MR. JOHN DUNIGAN** (b. 1960) is incomplete and will be announced at a later date.



Funeral service for **MRS. ANNIE M. AKA "FATS" DANIEL** (b. 1940) will be held Saturday, June 20, at 12 noon at Nelms Memorial Funeral Home.

Funeral service for **MR. DENNIS BLACK** (b. 1978) will be held Saturday, June 20, 2026, at 2:00 PM at Nelms Memorial Funeral Home Chapel.



Funeral service for **MRS. JOETTA HORTON** (b. 1946) will be held Friday, June 19, at 1 p.m. at Nelms Memorial Funeral Home Chapel.

Funeral service for **MR. JACKIE DEAMOND PETTY** (b. 1975) was Tuesday, June 16, at 11 a.m. at Hopewell Missionary Baptist Church with Pastor Dr. Larry Davidson, Jr., officiating.

Funeral service for **MRS. NINA N. TIMMONS** (b. 1938) was Tuesday, June 16, at Nelms Memorial Funeral Home with Pastor Dr. Jerry Crutcher officiating.

Memorial service for **MR. COYLE LEE BONE** (b. 1956) was Monday, June 8, at Nelms Memorial Funeral Home Chapel with Bishop Carl Pruitt officiating.

Funeral service for **MS. ROTINA JANELE TIBBS** (b. 1970) was Sunday, June 7, at New Jerusalem Missionary Baptist Church with Pastor Ricky L. Sykes officiating.

Memorial service for **MR. COYLE LEE BONE** (b. 1956) was Monday, June 8, at Nelms Memorial Funeral Home Chapel with Bishop Carl Pruitt officiating.

Funeral service for **MRS. MARY "JUANITA" BRAZELTON** (b. 1942) was Sunday, June 7, at Liberty Primitive Baptist Church.

Funeral service for **MS. ROTINA JANELE TIBBS** (b.

Unschooling Leadership: Stop Teaching Leaders--Let Curiosity Lead

In a recent “*Unschooling Leadership: It’s Time To Stop Teaching Leaders—Here’s How*”—the author, Michael Hudson, names a profound disconnect: despite global organizations investing over \$60 billion annually in leadership development, most programs never reach the root of the problem—they treat symptoms, not the underlying ego distortions.



Too many leadership programs focus on models, competencies, and “fixing” performance gaps. But the real obstacle to sustainable leadership isn’t skill deficiency—it’s ego-holism: distorted senses of self that derail decision-making, erode trust, and stifle collective intelligence.

How do we reverse the trend? EHR (Ego-holism Recovering) offers a path. Unschooling leadership reframes four core functions:

- 1. Convene** – Don’t lead with content. Host questions, listen deeply, and let the room’s collective intelligence emerge. Resist scripting outcomes.
- 2. Stimulate** – Ask what’s undiscussed. Challenge groupthink. Enable psychological safety. Question the assumptions no one wants to name.
- 3. Ground** – When uncertainty reigns—and it always does—anchor in values, purpose, and presence. Model knowing you don’t know. Show up without certainty.
- 4. Model** – Leadership isn’t performative. It’s embodied. Your team watches you change your mind, admit mistakes, hold tension, and stay humble.

The Forbes author makes clear: the billions spent on leadership development are squandered when they ignore ego’s dominance. Unschooling leadership doesn’t replace training—it reframes it. It doesn’t add more to the agenda—it subtracts the agenda.

The invitation is simple and radical: stop teaching leaders. Start tending them. Because when leaders learn to manage their inner narratives, the outer results tend to follow.



Let your leadership evolve—not via lessons delivered to you—but via life lived through you.

Tim Allston

Leadership Player-Coach and Four-time Amazon Best-Selling Author, “Leading from the Middle”
Contact: (256) 212-0949 - <https://bit.ly/4aB9Lwm>
Email Address: leadingfromthemiddle.tim@gmail.com
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Millennial Moment

by Gloria B. Caldwell

“Desire vs. Necessity ...”

People often confuse their desires with their necessities. Looking at the two of them and clarifying your non-negotiables, you can put them in the right place of priority, which can change your life. So, let’s apply this.

You ask a person why you go to work, and they say, “I have to have a job to live. It’s a necessity.” Well, no, you don’t. I drive around my city, and people walk up and down the streets, live under bridges, and eat out of food banks. I don’t say this to make light of it. I’m saying that you can live without a job, but you choose to make having a job a necessity because of your desire to



live life in a certain way. Think about that. If you think about what you deem non-negotiables and shift your mindset from desire to necessity, you can change your perspective when trying to give yourself an out when you don’t FEEL like doing it.

Take this example. I work out five days a week. I moved working out from a desire to a necessity. How? I told myself it was necessary for me to be healthy to care for my children.

Can I care for them if I don’t work out five days a week? Yes, absolutely, but when I placed it in my necessity column and made it a priority and non-negotiable, I started to benefit from a healthier lifestyle.

Turn your deepest desires into necessities and witness the magic unfold. When you transform your dreams into non-negotiables, you ignite a fire within that propels you toward greatness.

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The Valley Weekly

VALLEY EVENTS

HAPPENINGS, ACTIVITIES & MORE!

June 18-21

Alabama Taxidermist Association 50th Annual Convention & Competition
Lake Guntersville State Park
Guntersville, Ala.

Center
smartin1@madisoncountyal.gov
6156 Pulaski Pike
Huntsville, Ala. | 10 a.m.

June 19

Juneteenth
National Holiday

Juneteenth at the Camp
MidCity
Hosted by United Women of Color
5909 University Drive NW
5-11 p.m.

4th Annual Juneteenth
Community Conversation
"Oh Freedom 2026!"

Robert "Bob" Harrison Senior
Wellness and Advocacy

"Beyond the Shore:
Family Paddle Series"
Juneteenth Sunset Paddle

1000 Hobbs Island Road
Huntsville, Ala.
5:30-7:30 p.m.

5th Annual Jazz in the City
Featuring AJ Ghent & His
Singing Guitar | Nina Marie
Live | Ryon Schultz
Sponsor: Drake State Community
and Technical College | \$50.70
Mars Music Hall
Von Braun Center
www.drakestate.edu
Huntsville, Ala. | 7 p.m.

Tales from the Juke
The Roundhouse
398 Monroe Street NW
Huntsville, Ala. | 7-11 p.m.

June 19-21

The Gathering Weekend
Sponsor: The Black Queer
Collective
Friday: 101 Legacy Cove
Drive, Madison, Ala.
Saturday: 1204 Posey Ave.
Sunday: Pavilion #6, Brahan

Spring Park

June 20

Emancipation Proclamation
Jubilee
*A free, family-friendly event
honors the enduring legacy of
emancipation while bringing
the community together in a
spirit of remembrance, unity,
and joy. All are welcome.*
The Mansion
4001 Blue Spring Road NW
Huntsville, Ala. | 1-6 p.m.

Family Field Day
Huntsville Botanical Garden
3 p.m.

Black Jacket Symphony
Mark C. Smith Concert Hall

Von Braun Center
Huntsville, Ala.

June 21

Father's Day

Make Music Day

June 23

The St. John The Worker
Career Networking Club
Meeting
*(Every Tuesday Except State/
National Holidays)*
St. John Catholic Church
Hughes Road
Madison, Ala. | 12:30-2 p.m.

June 27

10th Annual JuneFest
Car & Bike Show

2160 Airport Road SW
Huntsville, Ala. | 1-9 p.m.

June 28

Sundays on the Greenway
Trailhead Greenway
MORE | 4-5 p.m.

June 23

Juneteenth Festival
Sponsors: City of Huntsville's
Office of Multicultural Affairs
and Amazon
Big Spring Park (Downtown
Huntsville) | 5-9 p.m. (Free)

June 30

The St. John The Worker
Career Networking Club
Meeting
*(Every Tuesday Except State/
National Holidays)*

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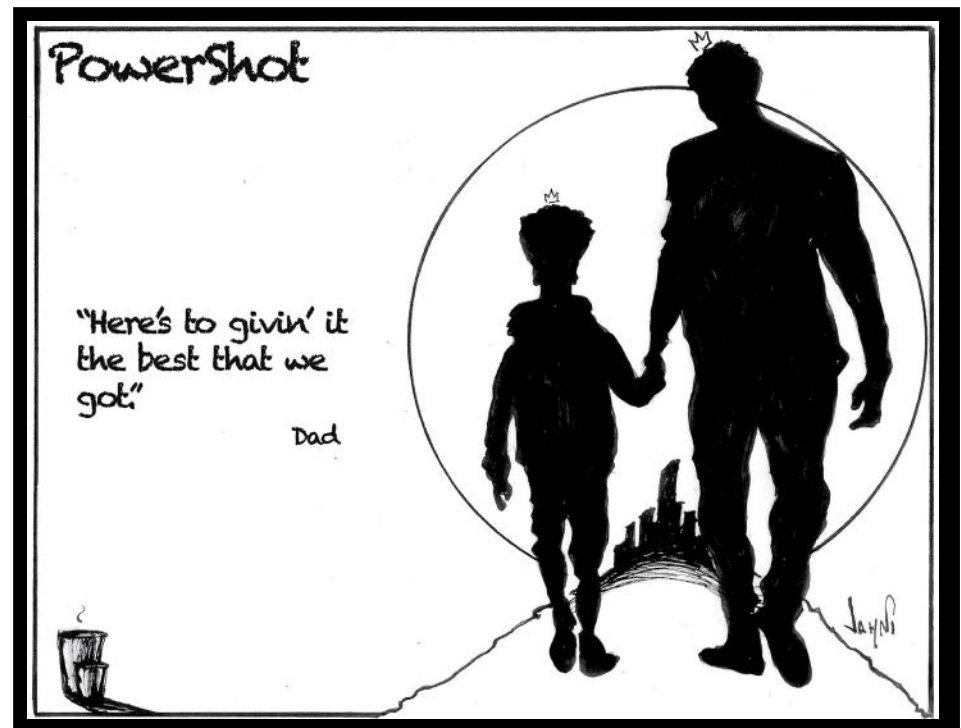
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Rosetta James Foundation "Spotlight on Our Elders" ... Featuring

Dr. Marvin P. Carroll

Dr. Marvin P. Carroll, president and Chief Executive Officer of Tec-Masters, Inc., is a Servant Leader who embodies humility, service and generosity. An electrical engineering graduate of Howard University, he went on to earn a master's and the Ph.D. degree in public administration.

After retiring from the U.S. Army Missile Command, Dr. Carroll founded Tec-Masters in 1988 to provide technical support to the Department of Defense and commercial customers. The company provides a wide range of services, including: Training Systems Technology; Modeling & Simulation Technology; Multimedia Design Technology; Training and Doctrine Development; Weapons Systems Technology; Automotive Systems Technologies; Navigation and Telematics; Commercial/Manufacturing Technology; Aerospace Technology; Information Systems Technology; E-Teaching; and much more. He also had the unique experience of serving as a Legislative Fellow

for three years for a U.S. Senator, advising him on Weapon System Acquisition policy.

Dr. Carroll has served diligently throughout the community, and he has previously been actively involved or is currently serving as a member of various industry organizations, such as the board of Huntsville Botanical Gardens, Huntsville-Madison County Department of Health and Human Services, Board of Directors of Tuskegee University School of Engineering, the National Defense Industrial Association (NDIA), Huntsville-Madison County Space and Rocket Center, and many others.

Dr. Carroll has a keen interest in working with and involving youth in various aspects of business. He has committed himself to lending his personal expertise to college interns who are interested in learning business start-up and operations. As a Visiting Executive-in-Residence at Auburn University, he exhorted students to spend time understanding the market, customers, and their requirements.

He is especially commit-



ted causes that nurture community growth and youth development. Some of these endeavors include: Youth Friendship Foundation, Young Business Leaders, AAMU Black-Tie Scholarship Fund, Coats-4-Kids Program (Eagles' Nest Ministries Church), American Heart Association, Army Emergency Relief Fund, Bob Jones High School Robotics Team, Union Chapel Christian Academy Scholarship Program, Harris Home for Children, HEALS of Huntsville, Morehouse College Technical Innovations Entrepreneurship Program, Alabama Shop-With-A Cop Program for Children and many others.

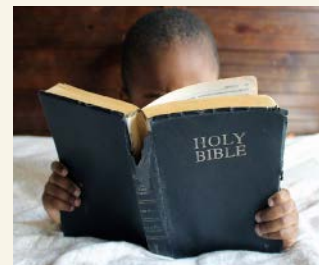


"Spotlight on Our Elders" is a weekly feature sponsored by the Rosetta James Foundation to promote **volunteerism** and **activism** in our community among those who are 70-plus. The Foundation also provides scholarships. Learn more about us at www.rosettajamesfoundation.org. Know an outstanding elder (70+) that you would like to see featured? Send us a photo and 250-word write-up to info@valleyweeklyllc.com.

This Sunday's Lectionary

Sunday, June 21, 2026

Fourth Sunday
after Pentecost



(Track 2, Year A)

First Lesson:

Jeremiah 20:7-13
Psalm 69:8-11, 12-20

Second Lesson:

Romans 6:1b-11

GOSPEL:

Matthew 10:24-39



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Celebrating Father's Day 2026 with Meaning and Memory

Father's Day offers a special opportunity to honor the men who have guided, protected, and inspired us.

Within many African-American families and communities, fathers, grandfathers, stepfathers, uncles, pastors, coaches, and mentors often play vital roles in shaping the next generation. This year, consider celebrating these important men in ways that create lasting memories rather than simply exchanging gifts.

One meaningful idea is to gather family members for a special meal where each person shares a story about how a father figure influenced their life. These stories often become treasured family history, connecting younger generations to their roots and values.

Another thoughtful celebration is creating a family photo display featuring fathers and



father figures across several generations. Old photographs can spark conversations about perseverance, faith, sacrifice, and achievement—qualities that have helped many African-American families overcome challenges and build

strong legacies.

For families whose fathers have passed away, Father's Day can also be a time of remembrance. Visiting a gravesite, sharing favorite memories, or preparing a beloved family recipe can honor

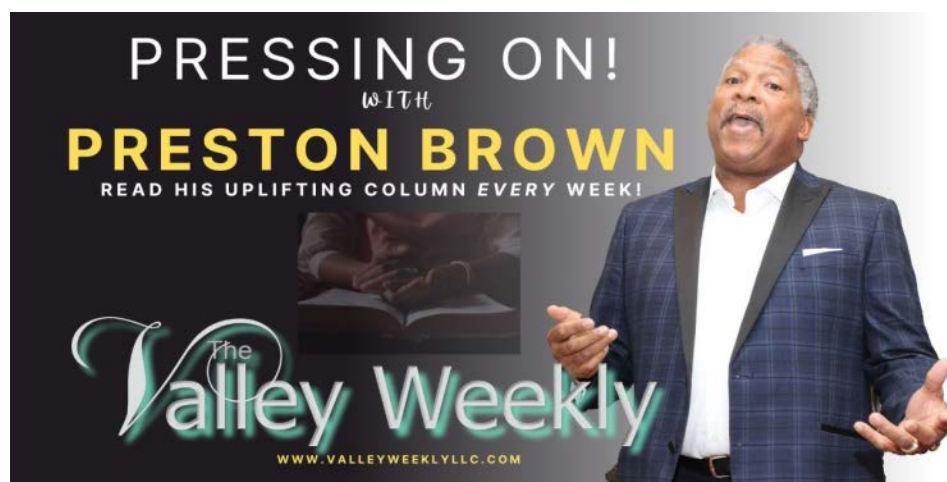
their enduring influence.

Many fathers also appreciate experiences more than possessions. Attending church together, taking a family walk, enjoying a backyard cookout, or watching a favorite

sporting event can provide valuable time for connection and conversation.

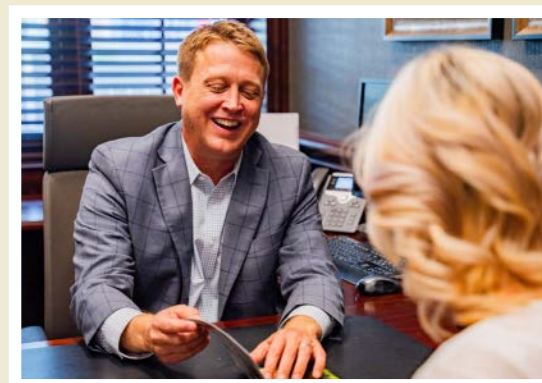
Above all, Father's Day is a reminder to express gratitude. A heartfelt letter, phone call, or simple "thank

you" can mean more than any store-bought gift. By celebrating fathers with love, respect, and intentional time together, families strengthen the bonds that help sustain communities for generations to come.



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